# Take the Next Step

At Andrews Behavioral Health, we understand that recovery can feel overwhelming at times. But remember, you don't have to do it alone. We'll meet you where you are and help you move mountains as you work toward a healthier future.

Connect with us and start your journey to a restored life (903) 595-4208





# START YOUR CLIMB TO SUBSTANCE USE RECOVERY









# **Outreach Screening and Referral Program**

## Sometimes it can seem like you're barely holding on.

But with the right support, you can move mountains in your substance use recovery journey. We understand that overcoming obstacles—whether legal, personal, or health-related—can feel like a monumental task. We're here to help you navigate these challenges with care, compassion, and support for individuals in need of substance use treatment for legal reasons, family concerns, or personal health.

#### Do I need treatment?

If you're questioning whether you need treatment, remember that overcoming substance use is a journey, and even small steps forward are progress. At Andrews Behavioral Health, we help you climb those mountains in your life —one step at a time. Our confidential OSAR assessment will guide you toward the level of care that fits your needs.

## Meeting legal and family requirements

- **CPS Clients:** If you're working through a CPS case, getting the right treatment is an important step in proving your commitment to change. Our OSAR program helps you fulfill court-ordered treatment requirements and provide ongoing support to ensure lasting recovery.
- **Probation and Court Orders:** If you're on probation or facing legal requirements, we'll help you meet your obligations with outpatient or inpatient treatment options tailored to your needs. We understand how stressful these situations can be, and we offer flexible treatment times.

#### Treatment options: Inpatient or outpatient?

Whether you're looking for inpatient or outpatient services, we offer a range of treatment options. Our goal is to provide you with a path forward that feels right for you and helps you stay on track with your recovery and legal requirements.

- Outpatient Services: Designed for those who need flexible care while managing daily responsibilities (work, school, etc.), our outpatient services provide counseling, group therapy, and recovery support.
- **Inpatient Services:** If you need more intensive care, we will work with you to find a referral to outside inpatient services.

### I failed my drug test. Now what?

Failing a drug test can feel overwhelming, but it's important to remember that it doesn't define you. Recovery is a journey, and setbacks are a normal part of that process. It's okay to stumble. Everyone faces challenges along the way.

Just like climbing a mountain, setbacks are often part of the process. The OSAR program at Andrews Behavioral Health helps you get back on track and continue your climb toward recovery with no judgment—only support. We will help you assess your situation and create a plan to get back on track—whether that means additional counseling, group therapy, or adjusting your treatment plan. We offer non-judgmental, supportive care to help you rebuild and move forward.

