

# ADOLESCENT OUTPATIENT SUBSTANCE USE DISORDER RECOVERY PROGRAM

### Your strength. Your journey. Let's climb together.

At Andrews Behavioral Health, we empower youth to overcome

life's toughest challenges. Recovery isn't one-size-fits-all—your story is unique, and your journey matters. Whether you're just starting or finding your way back, help is here to guide and support you with understanding, care, and hope.

#### Support that meets you.

We know it's not always easy to talk about struggles, but our team creates a space where you can be real, feel safe, and grow stronger. Every step forward, no matter how small, is a step toward scaling the mountains in your path. Together, we'll help you build a bright, healthy future.



## **Intensive Adolescent Outpatient Program (AIOP)**

- For youth ages 13-17 ready to rise toward recovery
- Six- month duration
- Weekly one-hour sessions on Tuesdays, 7-8:30 p.m.
- Individual counseling, family sessions, educational support
- Structured guidance, peer connections, and accountability
- Co-occuring disorder treatment with trauma-informed care

# Take the next step—we'll be right there with you.

To learn more or get started, call us at **(903) 484-1176** or visit us online at **andrewscenter.com/substance**